



With the Personal Emergency Response System help is a button push away. The Personal Emergency Response System is an in-home monitoring device that can provide the member with the confidence of knowing they have quick access to the help they need 24/7/365 in any situation, whether emergency services or just the familiar face of their neighbor is required. The device is a lightweight, discreet button that can be worn on the wrist or as a pendant (optional automatic fall detection feature available). It is also safe to wear in the shower or bath. The member must have a working landline and/or access to AT&T cellular* phone coverage to take part in this benefit.

What?

What does this benefit offer members?

- Quick access to the help in any situation whether an emergency or just need a helping hand
- Member decides who comes to help them – could be a neighbor, local family member, friend or emergency services
- Approximately 50% of older adults who fall cannot get up without help. Remaining on the floor for more than 2 hours after a fall increases risk of dehydration, pressure ulcers, rhabdomyolysis, hypothermia, and pneumonia.
- Helps give member confidence and independence
- Helps give peace of mind to family members, friends and caregivers knowing that help is only a button press away

What devices are included in the benefit?

- Standard help button requires a manual press, available in pendant or bracelet
- AutoAlert help button automatically detects a fall if you can't push your button, available in pendant only(1).
- The in-home 2-way voice communicator is a critical component of the medical alert system, it comes in a Landline or Cellular option. When the member presses the help button in range of the communicator, it works like a speaker phone and speed dials the response center for direct communication with a trained Care Specialist. The communicator amplifies sound so the member can hear and be heard throughout the home.

Who?

Who should use the benefit?

- Member who has a history, fear or risk of falling should consider the optional AutoAlert fall detection feature which can automatically provide access to help if it detects a fall — even if you are disoriented, immobilized or unconscious and cannot push your help button(1)
- Member who is at an elevated risk of medical emergency due to chronic diseases, complications from medication adherence, recent hospital discharge, as well as other common medical conditions such as elevated risk of dehydration.

